

Verifying your nutrition benefits - Suggested questions

IMPORTANT - PLEASE READ: Most commercial health plans provide great coverage for our services. The only way to find out what your particular plan covers is to contact them. Below is a list of questions for you to ask your plan to ensure you understand your nutrition benefits and any expected fees. While it is not a requirement that you make this call, you should understand that you are responsible for any charges that your plan does not cover. We would recommend you call them prior to your first appointment to avoid unexpected costs. Please let us know if you have any questions or concerns.

Call the phone number on the back of your insurance card and ask the following questions

Is nutritional counseling covered on my plan? The CPT codes (if needed) are 97802 and 97803.	
Use code below UNLESS we provide a specific code to use. Is diagnosis code Z71.3 covered? If yes, is Z71.3 covered as preventative? If no, what types of diagnoses are covered as preventative?	
Do I have a deductible to meet before insurance pays? If so, how much?	
Will I have a co-pay or co-insurance? If so, how much?	
How many nutrition visits are allowed per year?	
Do I need a prior authorization?	
Is the provider I'm seeing in network (see NPI # below if asked)? If not, what are my out of network benefits? Marguerite Bishop NPI - 1114324472 Kristin Mock NPI - 1992347108	
May I have a reference number for this call? Take down reference number and date of call.	